



713-443-8999

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Cell: \_\_\_\_\_ Home: \_\_\_\_\_  
 Work: \_\_\_\_\_

DOB: \_\_\_\_\_ Occupation: \_\_\_\_\_

EMAIL: \_\_\_\_\_

Website: \_\_\_\_\_ (Interested in sharing links? Yes \_\_\_\_\_ No \_\_\_\_\_) LINK: \_\_\_\_\_

**EMERGENCY CONTACT INFORMATION**

Name: \_\_\_\_\_  
 Relationship: \_\_\_\_\_  
 Cell: \_\_\_\_\_  
 Home: \_\_\_\_\_  
 Work: \_\_\_\_\_

**REFERRED BY:**

INTERNET: \_\_\_\_\_  
 COMPANY: \_\_\_\_\_  
 FRIEND: \_\_\_\_\_  
 PHONE: \_\_\_\_\_

**ARE YOU UNDER A PHYSICIAN'S CARE? YES: \_\_\_\_\_ NO: \_\_\_\_\_**

Physician's Name: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Condition: \_\_\_\_\_  
**Medications:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Blood Thinners: \_\_\_\_\_  
 Accutane: \_\_\_\_\_  
 Retinoids: \_\_\_\_\_  
 Other: \_\_\_\_\_

Skin Care Routine: \_\_\_\_\_

Supplements: \_\_\_\_\_  
 Vitamins: \_\_\_\_\_

**MEDICAL HISTORY** Please check all conditions that apply, either now or in the past.

- PREGNANT or NURSING BABY**
- Within 3 days of Menstral Cycle
- NICOTINE:** \_\_\_\_\_
- DIABETIC**
- Hepatitis OR HIV
- History of Cold Sores (even 1)
- Psoriasis/Skin Disorders
- History of Fainting
- Epilepsy or Seizures
- Prolonged Bleeding
- High Blood Pressure
- Low Blood Pressure
- Abnormal Heart Condition
- Circulatory Problems
- Prone to Keloid Scarring
- Prone to HYPERpigmentation
- Prone to HYPOpigmentation
- Recent Skin Peels / Facials / Laser
- Skin Lighteners
- Microdermabrasion
- Regular Tanning
- Cosmetic Laser Procedures
- Claustrophobic

- Wearing Contacts? If so, please REMOVE for Eyeliner Procedures
- Corneal Abrasions
- Visual Disturbances
- Glaucoma**
- Cataracts
- Dry Eyes
- Eye Surgerv - Date: \_\_\_\_\_
- Facial Surgerv - Date: \_\_\_\_\_
- Cancer From: \_\_\_\_\_ to \_\_\_\_\_
- Tumors or Cvsts
- Chemotherapy - Date: \_\_\_\_\_
- Radiation - Date: \_\_\_\_\_

RECENTLY CONSUMED ANY OF THE FOLLOWING? FISH, FISH OILS, ASPIRIN, VITAMIN E, ALCOHOL OR ANY OTHER BLOOD THINNERS. Blood thinners may cause more bleeding than usual which may affect the outcome. DATE: \_\_\_\_\_

**LIST ALL SKIN ALLERGIES:**

- TATTOO INK/PIGMENTS**
- LYDOCAINE**
- METALS**
- LATEX or ADHESIVES**
- HAIR COLOR / FOOD DYES**
- ANTIBIOTIC OINTMENTS**
- Other:** \_\_\_\_\_

**PROCEDURE NOTES**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
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 \_\_\_\_\_  
 \_\_\_\_\_

**FREE ALLERGY SKIN TEST**

ALLERGIC REACTIONS ARE RARE, BUT POSSIBLE... EVEN IF YOU'VE HAD A TATTOO IN THE PAST! A NEGATIVE REACTION DOES NOT MEAN YOU WILL NOT DEVELOP A REACTION IN THE FUTURE! TESTS ARE ALWAYS RECOMMENDED, ESPECIALLY IF YOU HAVE EVER HAD A HISTORY OF SKIN ALLERGIES OR DISORDERS. HOWEVER, YOU DO HAVE THE RIGHT TO DECLINE TESTING.

Date of test: \_\_\_\_\_

**RESULTS: (Check one)**

\_\_\_\_ Redness & Swelling persisted beyond 1 week from test.  
 \_\_\_\_ Test site appears flat, with no apparent redness

Consent to proceed: Date: \_\_\_\_\_

**X**

**PERMÉTIKA COSMETIC SPECIALTIES - INFORMED CONSENT - PAGE 2 OF 3**

**< INITIALS**

**Before we get started today, I want to say.. THANK YOU FOR BEING HERE! I truly hope our experience together is 100% SATISFACTORY, IN EVERY WAY! It is my personal goal - to perform GREATER THAN YOUR EXPECTATIONS, but at the same time, send you home with REALISTIC EXPECTATIONS! There is a very FINE LINE between JUST ENOUGH and TOO MUCH permanent makeup, and for this reason, I feel it is extremely important to approach that line with extreme care. It just makes more sense to me, as an artist, to layer the look over a period of 2-3 sessions, rather than to pound everything in - in ONE session. If you have not yet read my website thoroughly, please do so. It was created to help you make a fully informed decision regarding the services you are subscribing to. I wish us both TOTAL success in your treatment today, and in the future as well.**

**OPTIMAL RESULTS - REQUIRE FOLLOWUP SESSIONS**

THE MOST IMPORTANT THING TO UNDERSTAND ABOUT PERMANENT MAKEUP IS, THIS IS A PROCEDURE WHERE "ART" IS BEING APPLIED INTO LIVING, BREATHING, SKIN. NOT ONTO A LIFELESS CANVAS. Other than experience, there is no scientific formula to guide me and there can be NO GUARANTEES as to how YOUR permanent makeup will turn out. For this reason, I approach every procedure with caution. Just know, that if I did not experience a significant success rate, I would find another line of work! So I will do my best to give you what you want, but you should understand, that the most realistic and natural results are best achieved by applying 2-3 lighter sessions, like an ARTIST would, rather than 1 heavy session, like a TECHNICIAN would. Results will vary greatly from person to person, due to your health, the nature of your skin and the makeup of your metabolism! If for some reason things do not turn out as you expected, I hope you will stick with me and give me the chance to learn what your skin likes. I am confident that we can achieve beautiful things!

**HEALTH & SAFETY PRECAUTIONS**

Our machines contain sterile, disposable, (single use) needles/parts/tubing in order to help prevent cross-contamination. All products, utensils, handles, buttons, trays that are accessed during a procedure, are all wrapped with barrier film prior to each use for further protection. When film is removed, all surfaces and devices are wiped down (as if no film was used) with a hospital grade solution that kills all viruses, bacteria, HIV, tuberculosis and common germs. Every attempt is made to keep you safe.

**PERMANENT MAKEUP IS A TATTOO AND DOES NOT WASH OFF**

It is applied with either a hand held instrument or a tattoo machine. Cosmetic pigments or tattoo inks are manually pushed into the dermal layer of the skin using one or more of the devices. This process creates an open wound that requires special care over the healing period of approximately 7-10 days. The purpose of this application, is to simulate the appearance of hair, hair follicles, or even well defined makeup, body art or to help conceal scars, birth marks or other skin imperfections.

**DURING THE FIRST WEEK - EXPECT THINGS TO LOOK A LITTLE TOO DARK**

Even a "lightly applied procedure" may transition into a darker version by the next day, sometimes even within a few hours. But, it will be lighter and far less traumatic than if a heavier application had been applied. Plus, if your skin gets really red and the pigment load is light, it will also appear much darker at first, mainly due to the skin's reaction to trauma. Just try to remember that things will lighten up within about a week. The second day may actually present a darker, thicker, more "painted on" look - and be the most unnerving of all days. Remember, you're not used to all that color - and it looks unnatural. Of course, you will naturally be ALARMED, but try to IGNORE IT. Because the harshness or sharp appearance will soon give way to a softer look.

**THE FIRST SIX WEEKS - EXPECT COLORS TO FLUCTUATE SOME IN APPEARANCE**

For approximately 6 weeks following a procedure, all implanted colors go through subtle changes from day to day. EXAMPLE: Brows may make a subtle shift from brown, to grey, then stay at grey or eventually shift back to brown. Lips will start at way too dark, then fade to way too light, then more color blooms over the next 6-8 weeks as the skin heals, and reveals more color. Eyeliner starts out really crisp and dark, and fades considerably once healed. Eyes and lips stay moist by nature. Moisture is not good for tattoos, which is why they often need more followup sessions. Treated area may settle in a little too light, too dark, too cool or too warm - depending on how the pigment reacts with your skin. I may lose part of my shape if perimeters end up too light. Since natural looking eyebrows don't have firm borders, the edges are done with a feathery appearance. This may cause the end result to shrink down in size a bit. But this, and all other issues can be addressed on subsequent visits. I have read about the healing schedules on the website, and I have been given ample opportunity to have my questions answered, prior to the procedure(s) that I am electing to have, today and in the future.

**PRICING STRUCTURE**

THE INITIAL FEE is for the initial procedures only. FOLLOW-UP SESSIONS are offered at \$149 each for a period of three (3) months following the initial procedure. Rates are subject to change, with or without notice. Always refer to the MENU OF SERVICES on the website, for current pricing. Due to the complex nature of each procedure, each one is basically experiential because no one knows how YOUR skin will react. There is also no way to gauge how well a client cares for the procedure, nor the body's capability of retaining color. For these reasons, refunds are not offered, and because of the extensive amount of time invested in each procedure. But you have my assurance that I stand behind my work. If things take a turn for the worse, I have the knowledge to address any situation. YOUR PATIENCE and UNDERSTANDING is just as important as mine.

INITIALS

PERMÉTIKA COSMETIC SPECIALTIES - INFORMED CONSENT - PAGE 3 OF 3

**AFTER CARE INSTRUCTIONS**

You are leaving today, with an open wound. You **MUST** take the necessary precautions (until totally healed) to ensure best color retention and prevent from infection. Touching the area could contaminate the wound, and could cause an infection. Accidental scratches can occur during sleep, which could result in pigment loss. Scrubbing, rubbing, picking or pulling of healing skin may also cause a loss of pigment, or may have other adverse affects on the end result. Follow-up sessions are recommended for our work to be considered complete. Must wait 6 weeks for deepest healing. You will need to cleanse the treated area(s) at least twice daily (and upon contamination). Then quickly **PAT DRY**, and immediately apply a **VERY THIN** layer of Aquaphor, Tattoo Goo, or other healing ointment after cleansing, to seal out bacteria. Check it every few hours to make sure you see a thin sheen of ointment. If it ever looks dry, apply more ointment to prevent the skin from drying out. If drying occurs, a scab will form, which may pull some of the pigment out. If redness surrounding the area appears to be red beyond a few days following the procedure you need to be aware that an infection could be brewing. If that occurs, see your doctor and call us as well. **DETAILED AFTERCARE INSTRUCTIONS** can be found at: [PermanentMakeupHouston.com/AFTERCARE](http://PermanentMakeupHouston.com/AFTERCARE) or at: \_\_\_\_\_.

**PROLONGED EXPOSURE TO HEAT & MOISTURE IS BAD - COOL IS GOOD.**

For the first 24 hours, try to apply an ice pack for about ten minutes per hour to reduce swelling. Protect the treated areas from prolonged exposure to HEAT, SWEAT, STEAM, for at least a week. Also avoid swimming, prolonged showers, saunas, tanning beds, hot tubs and excessive exposure to sun and water. Failure to do so may cause poor retention of pigment. (Brisk cleansing with cool water and Cetaphil is ok). Heat causes tissue to expand, which may release some pigment, as opposed to holding it in with a cooling effect. Be especially careful not let the areas become exposed to too much sweat. Saline is one thing we use to REMOVE pigment.

**ROUTINE MAINTENANCE IS REQUIRED OVER THE YEARS.**

Permanent makeup is considered permanent, because it does not wash off. But it **DOES FADE OVER TIME**. The lighter the application, the more natural it looks, but the less time it lasts. Some people choose to go very natural, with the committment of coming in for followup visits on an annual basis, while others never have to do another thing. Bottom line, everyone is different.

**FOLLOW UP SESSIONS ARE ALWAYS RECOMMENDED**

Rome was not built in a day... Permanent Makeup is a Process, never a single procedure (unless you are extremely lucky). All procedures normally need at least 1-2 follow-up treatments. Lips, scar camouflage normally require 2-3 sessions, or more.

**POSSIBLE COMPLICATIONS**

Most procedures produce safe and satisfactory results. However, specific results cannot ever be guaranteed or even entirely predicted. As with ANY procedure, there are things that could go wrong. Some of the possible side effects may include, but are not limited to: ALLERGIC REACTIONS, FEVER BLISTERS, BREAKOUTS, GRANULOMAS, INFECTIONS, CORNEAL ABRASIONS, PARTIAL OR TOTAL REJECTION OF PIGMENT. MIGRATION OF PIGMENT MAY OCCUR (either at onset or later) Migration is where pigment pools or spreads under the skin into unintended areas. If VITILIGO has not been stable for over seven (7) years, tattooing should NOT be performed - as the trauma could aggravate the skin and cause further spreading. DISSATISFACTION IS ALSO A POTENTIAL PROBLEM.

**ALL LIP PROCEDURES**

If you have ever experienced - even 1 (one) - fever blister or cold sore on your lips in the past, you **MUST** obtain a prescription for an ANTI-VIRAL medication from your primary care physician. Take as directed BEFORE, & AFTER the procedure to help prevent potential breakouts.

**REMOVAL PROCEDURES**

Removal procedures are available, but total removal cannot be guaranteed and it may take 2-10 sessions to acheive desired results. Removal techniques may include the application of glycolic acid, saline, peroxide or, laser removal. Laser procedures performed over lighter pigments have the potential to turn pigment black. If you have ever had your cheeks tattooed (elsewhere) be sure to tell your Dermatologist, Laser Technician, Facialist, Aesthetician, prior to performing facial laser procedures.

**CLIENT'S CONSENT TO PROCEED:** In addition to the above agreements, I further declare that the representative(s) of PERMETIKA Cosmetic Specialties have been professional, proactive and I now feel that I am making a fully informed decision associated with the procedures I am employing. I understand that the process of micropigmentation is NOT an exact science, and the results may be different than what I expect, due to variations in skin types, metabolisms, care given by client, and even artistic abilities. No representation, warranty or guarantee has been made to me as to the specific results of the desired procedure. I have been given the opportunity to ask questions and I assume full responsibility for any associated risks with this procedure. I give my consent to having "Before & After" photos taken of me, for use in my client file, company portfolios, technician portfolios, brochures, advertising, websites and also to include mail-outs, internet, and posting on social media. I also understand that if I have a complaint, I agree to immediately seek an amicable resolution directly with technician, first. If necessary, further notification shall be directed to Permetika Cosmetic Specialties management. Any further controversy or claim arising out of, or relating to this consent and or any signed contract between myself and technician or the breach, thereof, shall be settled by arbitration in the State of Texas in accordance with the rules of the American Arbitration Association and the judgement of the award rendered by the arbitrator(s) may be entered in any court having jurisdiction, thereof.

**Please list any desires or expectations not covered on this form on the back of this page:**

X X X  
SIGNATURE PRINT FULL DATE